



Government of Western Australia
Mental Health Commission

*We're working for
Western Australia.*

YOUTH PSYCHOSOCIAL SUPPORT PACKAGES (YPSP)

What is the YPSP program?

The YPSP will support young people who are living independently or in the family home and will focus on supporting them to increasingly participate in, and contribute to community, social and economic life. The YPSP will:

- Provide support for young people with moderate to severe mental health issues, with or without co-occurring AOD issues;
- Have low access barriers and be responsive to young people with complex histories and needs;
- Offer cultural safety;
- Be trauma informed;
- Improve wellbeing and promote personal recovery;
- Optimise independent functioning;
- Focus on whole of life and quality of life needs; and
- Be person-centred and meet the diverse needs of young people.

A range of recovery orientated supports will be provided through the YPSP program, including:

- Support to keep on top of day to day living;
- Tenancy support (if applicable);
- Support to navigate access to other services;
- Provide support to the young person's family and carers (if applicable);
- Support to socialise and build a young person's confidence and experience to start or return to education or meaningful employment

How do I become eligible for the YPSP program?

The YPSP program will be available to young people (aged 16 to 24 years) who have moderate to severe mental health issues, with or without co-occurring AOD issues and who reside in the Perth Metropolitan area.

How does the YPSP program work?

You will be able to choose which community managed organisation you would like to support you. You can make this choice independently or with the support of a Peer Coordinator with lived experience from Pillar Support Coordination.

With support from your chosen community managed organisation and any other formal or informal supports, you will be able to develop an individualised recovery plan. The plan is a guide to how you would like to be supported to live well in the community.

You will be allocated a certain amount of funding to optimise your opportunity to live as successfully as possible in the community. It may help you to:

- Support you through your recovery journey;
- Respond to your needs in a timely manner;
- Support to improve your skills and/or confidence required for independent daily living;
- Improve your mental health; and
- Increase confidence in ability to reduce, cease or manage any AOD use (if appropriate).